“Seeing Through the Illusion: Reflections on Self-esteem”

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total=\_\_\_\_/21

**https://www.youtube.com/watch?v=BpujGW1PkRI**

Complete the following questions.

Video

1. Choose one statistic and one image from the video and explain why this may no longer be surprising to teenagers. (6)

**Before Reading**

1. Do you think that your body image is influenced by the media? Explain. /2
2. What does the title of the article indicate? /1

**During Reading**

Complete the following activities, while reading **“Seeing Through the Illusion: Reflections on Self-esteem”** by Naomi Lakritz

**Visualizing**

1. What images (celebrities? Types of people?) come to mind when you are reading about “thin models” or “heavier models”? /1

**Text Features and Structures**

1. What idea does the **picture** give you? /1

**After Reading**

Once you have completed the article, answer these questions. You may need to reread the article to check your understanding. **Her opinion may not be what you assume.**

**Summarizing**

1. The big idea is . . . /4
2. List at least 2 connections you can make to this text. (movies, news article, self etc.) /4

**Critical Reflection**

1. I agree / disagree (circle one) with the author because . . . /2